

# Vasanta Vihar

## NEWSLETTER

KRISHNAMURTI FOUNDATION INDIA

NOVEMBER 2012 - FEBRUARY 2013

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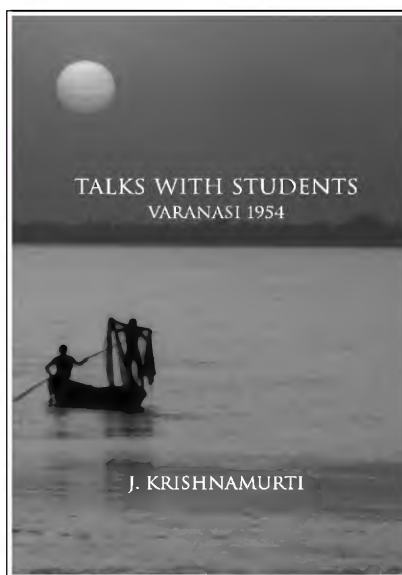
## What I am talking about is... the cessation of the desire to change

Most of us are very conservative. You know what that word means, you know what it is to conserve? To hold, to guard. Most of us want to remain respectable and so we want to do the right thing, we want to follow the right conduct—which, if you go into it very deeply, you will see is an indication of fear. Why not make a mistake, why not find out? But the man who is afraid is always thinking 'I must do the right thing, I must look respectable, I must not let the public think what I am or not.' Such a man is really, fundamentally, basically afraid. A man who is ambitious is really a frightened person, and a man who is frightened has no love, has no sympathy. It is like a person enclosed behind a wall, in a house. It is very important while we are young, to understand this thing to understand fear. It is fear that makes us obey, but if we can talk it over, reason together, discuss and think together, then I may understand it and do it; but to compel me to force me to do a thing which I do not understand because I am frightened of you, is wrong education. p.12.

Sorrow is something that has to be understood, tears have to be

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Given here are excerpts from our latest book *Talks with Students, Varanasi 1954*, which contains authentic reports of Krishnamurti's talks and dialogues with students, held in



Varanasi in January 1954. Fifteen of these talks were given at the Rajghat Besant School, which he had founded at the confluence of the Ganga and Varuna, and three at the Banaras Hindu University. These talks, first published in *The Collected Works of J. Krishnamurti, Volume VIII*, will be of great relevance for students, parents, teachers, teacher-educators, and anyone interested in learning about life. An Index of Questions and the addresses of the Krishnamurti schools in India are the other features of this 206+vi-page book priced at Rs 120. ■

## Support our Newsletters

*Vasanta Vihar Newsletter* is now being mailed free of cost three times a year to nearly 15,000 people on our mailing list, and the readership keeps growing. It reaches not merely those who are interested in Krishnamurti's teachings and wish to keep in touch with the Foundation's schools and study centres; libraries, schools and colleges and other institutions also ask to be included in our mailing list. Even at a time when books and other printed materials are being displaced by websites and other electronic media, the newsletter enjoys a committed readership. The newsletter, while making available Krishnamurti's teachings to a vast number of people, continues to be the main channel of information for the readers regarding the activities of our schools, KFI's annual gatherings, study centre retreats, new books and DVDs and so on.

And then we have newsletters in Indian languages: *Swayam Se Samvad* (Hindi), *Antarlabari* (Marathi), *Antarmel* (Gujarati), *Jeevana Kadha* (Odia) *Antaranga Yatra* (Telugu), *Sahapayana* (Kannada), *Vasanta Ethal* (Tamil), and *Jeevita Yatra* (Malayalam). The significance of these newsletters is that they have for the first time brought Krishnamurti's teachings to the non-English-speaking people of the country.

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## What I am talking about is... the cessation of the desire to change

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understood. There is no understanding when you are happy. When you smile, you smile, that does not need explanation. But you see we are brought up, here as well as outside unfortunately, without knowing how to think, how to observe, how to watch; and so we increase sorrow and multiply our trouble. But if we know, if the education that we have and the teachers that we have can point out these things, discuss, talk over these things, we may not be just the ordinary, everyday, stupid fathers or mothers or politicians or clerks but real human beings who are really revolutionary and out to create a new world. Then perhaps we can understand, change and put away sorrow. p.14

### **How words affect you**

There is a science called semantics; in Greek, it means the meaning of words. There is a whole science being developed now because words have meaning. Words affect you mentally as well as physically, and it is very important to understand them and not be affected by them. The moment the word *communism* is used, a capitalist goes into a shiver about it. Similarly, a man who has property is scared of the word *revolution*; if you talk about revolution, he will throw you out. If you tell those who follow a guru, 'Don't follow another, it is silly to follow', they get scared, they want to

throw you out. This constant fear of word is due to lack of understanding. After all, education is the understanding of words and the understanding of communication through words. p.16

### **Be close to the earth, not to the books**

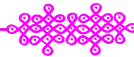
Go out one day and plant a tree and look after it all the time while you are here. Find out what kind of tree to plant, what kind of manure to give it, and look after it. Then you will see something happening to you, that you are close to the earth and not merely close to books. You are not interested in books after you get a job or after you pass your examination, and you will never look at another book. But there are trees, numerous flowers, living animals all around. If you do not have sensitivity to all these, you lose initiative, and your minds become very small, petty, trivial, jealous, envious. It is very important while you are at this school to consider all these things, so that your minds become awakened to them... You know, scientists say that we are only functioning 15 per cent. Our capacity to think is only 15 per cent; probably, if we learn to function 50 per cent, we would do much more mischief. But without cultivating sensitivity, understanding, affection, kindness, even with the 15 per

cent capacity, we would do a great deal of damage and mischief; and with 50 per cent capacity we would do monstrous things.

If you understand all this, there comes a feeling of freedom from fear. How can you understand if you just listen to these talks and forget them? Do not listen to them that way. Listen so that you can live without fear, without following somebody; listen to be free, not when you are old but now. pp.53-54.

### **The dust of tradition**

You ask what is your mission in life. If you do not understand your background, if you do not understand the tradition, the culture, the heritage, if you do not understand the picture, then you take an idea, a twist, out of the background, you take and call that your mission. Suppose you are a Hindu and you have been brought up in that culture. Then, out of Hinduism, you can pick up an idea, a feeling, and make that into your mission, can't you? Do you think differently, totally differently, from any other Hindu? To find out what the innate, potential being or urge is, one must be free of all these outward pressures, outward conditions. If I want to get at the root of the thing, I must remove all the weeds—which means, I must cease to be a Hindu or a Muslim, and there must be no fear, there must be



## What I am talking about is... the cessation of the desire to change

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no ambition, no acquisitiveness. Then I can go in much deeper and see what the real potential thing is. But without removing all this, I cannot assume some potential. That only leads to illusion, and is a philosophical speculation.

Question: How can this be materialized?

Krishnamurti: How can this come to fruition?

First, there must be the centuries of dust removed, and that is not very easy. It requires a great deal of insight. You have to be deeply interested in it. The removal of the condition, of the dust of tradition, of superstition, of cultural influences, requires understanding of oneself, not

learning from a book or from a teacher. That is meditation.

When the mind has cleansed itself of all the past, then you can talk of the potential being. You asked that question. Now go on with it, keep on operating on it till you find whether there is a real, original, incorruptible thing. Do not say 'Yes, there must be' or 'There is no such thing.' Keep on working at it, but not to find out, with a mind that is corrupt, something which is not corrupted. Can the mind cleanse itself? It can. If the mind can purify itself, then you can see, then you can find out. The purgation of the mind is meditation. pp. 72-73.

### **The struggle for happiness**

We want to have constant

happiness; we do not want to suffer; we do not want to have tears in our eyes; but we always want smiles on our lips, and so the trouble begins. We want to discard sorrow and have happiness, and so we are in constant struggle, constant battle. But happiness is not something that you get. It comes when you are not seeking. If you seek happiness for itself, it will never come. But if you do something which you feel is right, which you feel is true, which you really love to do, in the very doing of it comes happiness. p.74

Success is the invention of a society which is greedy, which is acquisitive. p.76

Ambition is the activity of an unhappy person, not of a happy person. p.78.

### **How to think out a problem**

There is no answer at all to a problem, and so it is foolish to seek an answer. But if I know how to think out a problem, then the answer is the very thinking out of the problem. Look, sirs. You have a mathematical problem. You do not know the answer but the answer is at the end of the book; so, you keep turning to the end of the book to find the answer. But life is not like that. Nobody is going to give you the answer. If anybody gives you the answer, he is stupid. But if you know how to think out a problem,

## Support our Newsletters

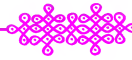
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However, with the increase in paper and printing costs as well as postage, our expenses for producing and despatching the newsletters have gone up considerably, with the result that the KFI headquarters at Vasanta Vihar and the Study Centres at other places together spend about Rs 7 lakhs a year. Though this is a huge amount, we do not wish to go in for a regular subscription to cover the costs.

Therefore, in order to meet the expenses and also to reach out to more readers, we request those of you who can afford it to offer financial support for this work. We would welcome donations, big or small, so that we sustain our work of disseminating the teachings through the newsletter.

You may send your donations by cheque or DD in favour of Krishnamurti Foundation India, payable at Chennai, along with a letter addressed to the Secretary, KFI (See address on last page). Note that donations to KFI are exempt from income tax under Section 80G of the Income Tax Act. Kindly join us in this valuable work. ■

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how to look at it, how to approach it, the very thinking, the very looking at it, is the solution. pp.83-84

### **What I am talking about is not change**

When I change from greed to non-greed, the non-greed is my formulation, is my idea.

Therefore I already know the state of non-greed. Therefore when I say I must change greed into non-greed, the movement is still within the field of the known, from one known to another known. Do you see that? Therefore it is not change at all.

When we talk about change, about revolution, changing from 'this' to 'that', 'that' is the state we already know; therefore it is not change. When I change from Hinduism to Catholicism, I know what Catholicism is. It is a thing I want. I do not like this and I like that. That which I like is already what I know.

Therefore it is the same thing only in a different form.

What I am talking about is not change, but the cessation of the desire to change and the movement from that—which does not mean I am content with *what is*. There must be the cessation of the desire to change from the known to what I think is the unknown but which is really the known. If that movement ceases, then there is a totally different activity. p.105. ■

## Study Retreats

**At Uttarkashi:** A month-long Study Retreat around Krishnamurti's dialogues with David Bohm (published as *The Ending of Time*) is to be held at the Krishnamurti Retreat Centre in Uttarkashi in December. The programme is meant to deepen an understanding of Krishnamurti's teachings through dialogue and study.

We will be able to register a maximum of 15 persons. Participants will arrive on 30 November/1 December and leave on 31 December/1 January. The number of cottages being very few, we can offer only shared accommodation. For those who prefer independent rooms, accommodation in a hotel nearby (half an hour's walk) can be arranged, in which case charges at the Retreat will be only for breakfast and lunch. On request, we will find out the charges at the hotel and let you know.

Charges for those earning in India will be Rs. 6,500 and for those earning abroad \$200. A couple of short treks will also be organized for which charges, if any, will be extra. By transferring 50 per cent of the cost to the following account (in favour of KFI-UKEC) and informing us about it by e-mail, you can register yourself for the retreat. (Please note that this amount is non-refundable in case of cancellation.) Punjab National Bank, Dunda Branch Code No: 153300. KFI-UKEC, S/F. A/c No. 153300 01000 13544.

For further queries, please call 09415983690/09868729609 or send an e-mail to [krc.himalay@gmail.com](mailto:krc.himalay@gmail.com)

**In Bangalore:** The Study Centre, KFI, Bangalore offers residential retreats every month. The dates and themes are:  
6-9 December 2012: Retreat for the Young (age 18-35), Exploring success, happiness, and relationships  
24-27 January 2013: Silence, stillness, and meditation.  
7-10 February: What does fear do to you?  
March 7-10: Exploring the problems of living

The number of participants for each retreat is limited to twelve. Each person will be assigned a cottage on a non-sharing basis. The suggested contribution for the three-day retreat is Rs. 2150. Please get in touch with the Study Centre staff for more details.

Participants can come before the retreat or extend their stay on the basis of additional payment. Transport will be in the form of one pick-up from the city and a drop back in a group; the time will be notified in the acknowledgement e-mail sent before the event.

Please visit [www.kfistudy.org](http://www.kfistudy.org) for more information on the Study Centre. Or write to the Study Centre Coordinator, The Valley School campus, 17th km Kanakpura Road, Thatguni Post, Bangalore—560062. E-mail: [kfistudy@gmail.com](mailto:kfistudy@gmail.com).

Phone: 080-2843-5243 or +91.94826.41389.

Registration forms can be downloaded from the website. ■



## Addresses of KFI Study Centres

The previous issue of the newsletter had published some of Krishnamurti's statements on the Study Centres he had wanted to be set up for adults. Most of the Study Centres run by KFI are located on beautiful campuses that offer guests simple accommodation and food, besides all the facilities required for studying Krishnamurti's teachings, such as a vast collection of his books and video and audio recordings. Video screenings, informal dialogues with the residents as well as organized retreats or workshops are also part of the activities of the Centres. Given below are the addresses of our Centres. For more details, visit [www.kfionline.org](http://www.kfionline.org).

### The Study

Krishnamurti Foundation India  
Vasanta Vihar, 124 Greenways  
Road, RAPuram, Chennai—600  
028. Website: [www.kfionline.org](http://www.kfionline.org)  
E-mail: [thestudykfi@yahoo.co.in](mailto:thestudykfi@yahoo.co.in)  
Tel: 044- 24937803 / 596

### The Krishnamurti Centre

Krishnamurti Foundation India  
Rajghat Fort, Varanasi 221 001  
Uttar Pradesh.

Website:

[www.j-krishnamurti.org](http://www.j-krishnamurti.org)

E-mail: [kcentrevns@gmail.com](mailto:kcentrevns@gmail.com)

Tel. No. 91-542-2441289

### The J Krishnamurti Study

Centre, Rishi Valley—517 352  
Chittoor District,  
Andhra Pradesh.

Website: [www.rishivalley.org](http://www.rishivalley.org)

Tel: (08571)

26037/68622/68582

### The Study,

Valley School campus,  
17th km Kanakpura Rd,  
Thatguni Post,  
Bangalore – 560062, India

Website: [www.kfistudy.org](http://www.kfistudy.org)

E-mail: [kfistudy@gmail.com](mailto:kfistudy@gmail.com)

Phone: (91-80) 2843-5243/

+91.94826.41389

### Krishnamurti Study Centre

Sahyadri, P.O. Tiwai Hill,  
Taluka: Khed-Rajgurunagar)  
Dist. Pune—410 513. E-mail:

[kfisahyadri.study@gmail.com](mailto:kfisahyadri.study@gmail.com)  
Tel: (02135) 288772, 288348,  
306100

### Krishnamurti Retreat Centre,

Uttarkashi, Village and Post  
Ranari, Dunda Block

Dt. Uttarkashi—249151

E-mail: [krc.himalay@gmail.com](mailto:krc.himalay@gmail.com)

Tel: 94124 36429 / 94159

83690.

### Bombay Executive Committee-

KFI, Himmat Nivas, 31  
Dongersey Road, Malabar Hill,  
Mumbai—400 006.

E-mail: [kfimumbai@gmail.com](mailto:kfimumbai@gmail.com)

Tel: (022) 23633856

### KFI Cuttack Centre

Purighat Road, Telenga Bazar  
Cuttack—753 009. Odisha

E-mail:

[kficuttackcentre@sify.com](mailto:kficuttackcentre@sify.com)

Tel: 0671-6417990

### Krishnamurti Centre

30 Deodar Street,  
Kolkatta—700019.

E-mail: [kfikolkata@gmail.com](mailto:kfikolkata@gmail.com)

Tel: 033-40082398. ■

## News Books & Reprints

### Commentaries on Living Series

1, 2 & 3—New reprints: New reprints of the three-volume Krishnamurti classic *Commentaries on Living* are in progress. These gift editions, with more readable fonts and elegant cover designs, give on the title page a sample of Krishnamurti's handwriting. The first two volumes in the series are now available; the third volume will be ready shortly. Details of the books are as follows:

Series 1: Pp. vi + 327. Price Rs 220.

Series 2: Pp. iv + 324. Price Rs 220.

Series 3: Pp. vi + 477. Price Rs 270.

Price of set: Rs 650.

### Telugu book: Meeru

*Chaduvukuntunnadi*

*Endukosam?*, translation by

P.Rajasekar of *Why are You Being*

*Educated? Talks at*

*Indian*

*Universities*. Demy

pp. 88+x. Price Rs

60. Published by

KFI, Chennai,

through

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Publishing House,

4-1-435 Bank Street, Abids,

Hyderabad—500 001. E-mail:

[visalaandhrath@yahoo.com](mailto:visalaandhrath@yahoo.com).

### Kannada books: *Chalanasheela*

*Baduku-Kalike*, translation of

*The Whole Movement of Life is Learning* (Letters to the Schools)

by Dr Mahabaleshwara Rao, has been brought out by the

Bangalore Education Centre of

the KFI Pp. 247+x.

Price 150.

Also, *Saavinondige*

*Badukuvudendare*,

translation by Dr

Vanamala

Viswanath of the

booklet *To Live with Death*.

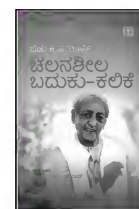
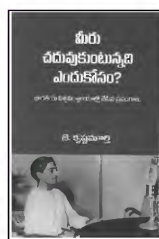
Pp.16+ii. Price Rs 25. Both

published by Vasantha

Prakashana, 360, 10th B Main,

3rd Block, Jayanagar,

Bangalore—560 011. ■



## Krishnamurti books in Odia

Rajghat Chatraanka Sahita  
Katha Vasa (Talks with Students,  
Varanasi 1954) 60.00

Agami Jibana (Life Ahead) 45.00

Aei Je Sanskruti (Think on  
These Things) 50.00

Sikhya O Jibanara Taatparya  
(Education and Significance of  
Life) 40.00

Parichitiru Mukti (Freedom  
From the Known) 40.00

Hinsara Urdware (Beyond  
Violence) 35.00

Eka Hin Biplaba (The Only  
Revolution) 40.00

Jibana Charcha –I(Commentaries  
on Living – I) 70.00

Jibana Charcha –II  
(Commentaries on Living–II)  
50.00

Jibana Charcha – III  
(Commentaries on Living – III)  
150.00

Prathama O Sesa Mukti (The  
First and Last freedom) 70.00

Paribartana Ekanta Jaruri (The  
Urgency of Change) 50.00

Asambhaba Prashna (The  
Impossible Question) 50.00

Sikhya Sambandhare  
(Krishnamurti on Education)  
40.00

Bidyalayaku Patramala (The  
Whole Movement of Life is  
Learning) 40.00

Krishnamurtinka Tipakhata  
(Krishnamurti's Notebook)50.00

Krishnamurtinka Dinalipi  
(Krishnamurti's Journal) 40.00

Tume Tuma Jibanaku Nei Kana  
Karuchha? (What are You  
Doing with Your Life?) 50.00



Ashisara Se Baridhara Seithi...  
Tumari Thare (That Benediction  
is Where You are) 30.00

Dhyana (Meditations) 20.00

Washington D.C. Bhasanamala  
1985 (Washington D.C. Talks  
1985) 15.00

### SUBSIDIZED EDITIONS

Rajghat Chatraanka Sahita  
Katha Vasa (Talks with Students,  
Varanasi 1954) 10.00

Agami Jibana (Life Ahead)10.00

Aei Je Sanskruti (Think on  
These things) 10.00

Sikhya O Jibanara Taatparya  
(Education and the Significance  
of Life) 10.00

Parichitiru Mukti (Freedom  
From the Known) 10.00

Hinsara Urdware (Beyond  
Violence) 10.00

Eka Hin Biplaba (The Only  
Revolution)10.00

Jibana Charcha – I  
(Commentaries on Living – I)  
10.00

Jibana Charcha – I I  
Commentaries on Living – II)  
10.00

Ashisara Se Baridhara Seithi...  
Tumari Thare (That Benediction  
is Where You are) 10.00

### OTHERS

Krishnamurtinka Jibani  
(Krishnamurti Biography) 50

Jiddu Krishnamurti Pilanka  
Paain (Short biography of JK  
for Children) 30.00

For more details, contact  
Krishnamurti Foundation India,  
Cuttack Centre, Purighat Road,  
Upper Telenga Bazar, Cuttack –  
753009 (Odisha). Email:  
kfcuttackcentre@sify.com.  
Tel: 0671 – 6417990

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